

OUTDOOR RECREATION MAP + GUIDE



Hiking & Biking Trails • Fun Places to Visit
Ausable River • Wilmington, NY
www.WhitefaceRegion.com

SELF-GUIDED TOURS

1 Whiteface Mt. via Connery Pond

A steep hike to the fifth-highest peak in the Adirondacks. This trail is suitable skiing for novices as far as Whiteface Landing.

Trailhead: Route 86, just west of the bridge crossing the West Branch of the Ausable River, approximately 6 miles south of the entrance to Whiteface Mountain Ski Area.

Stats: 3 miles to Whiteface Landing, 6 miles to the summit; elevation, 4,867 feet; ascent 3,232 feet

2 Owen, Copperas, & Winch Ponds

A great hike for children, these ponds shouldn't be missed!

Trailheads: Two approaches off Route 86, approximately 3 and 4 miles south of the entrance to Whiteface Mountain Ski Area.

Stats: Copperas and Owen ponds are a half mile from the road, Winch Pond is 1 or 2 miles depending on the trailhead.

3 High Falls Gorge (fee area)

Follow a network of groomed paths and steel bridges to see the Ausable River as it flows through a chasm and drops 700' in a series of cascades. Call 518-946-2278 for more info.

Trailhead: 1 mile west of Whiteface Mountain Ski Area on Route 86.

4 Whiteface Mt. Ski Area (fee area)

Miles of groomed trails for skiing, snowboarding, and hiking. Call 518-946-2223 for more info.



***Note:** These descriptions are brief summaries that will give you an overview of what the Whiteface Region has to offer. We recommend you obtain a good map and guidebook before taking to the trails.*

Many of these trail descriptions are excerpts from the Guide to Adirondack Trails: High Peaks Region, edited by Tony Goodwin and published by the Adirondack Mountain Club (2004 Adirondack Mountain Club; revised 2012). Used with permission of the publisher. Guide to Adirondack Trails: High Peaks Region and its accompanying map are available for \$19.95 from booksellers, by calling ADK at 1-800-395-8080 or visiting the ADK information centers in Lake George and Lake Placid. The High Peaks trail map is also available on its own.

Elevation: Base Lodge: 1,200', Little Whiteface: 3,676', Top Station: 4,416'

5 The Flume Trails

Excellent mountain biking trails and a great hike to ledges overlooking the valley!

Trailhead: A mile east of Whiteface Mountain Ski Area, on the left after the Flume Falls bridge over the Ausable River.

Stats: Over 15 miles of trails ranging from easy to difficult.

6 Lake Everest Loop

Follow Route 86, Springfield Rd., and Fox Farm Rd. in a loop around Lake Everest.

Total Ride: 5.6 miles

7 Whiteface Mt. via Wilmington Trail

A steep hike to the fifth-highest peak in the Adirondacks.

Trailhead: Off Route 431 about 0.5 miles from Route 86.

Stats: 5 miles to the summit of Whiteface Mountain; elevation, 4,867'; ascent 3,800'

8 Whiteface Mt. Veterans' Memorial Highway (fee area)

Drive 5 miles from the historic toll house to the summit castle, then take a short hike or ride the elevator to the top for a 360° panoramic vista of the Adirondack High Peaks, Vermont, and Canada. Great cross-country skiing in the winter! Call 518-946-7175 for more info.

9 Cooper Kiln Pond

A pretty hike and an intermediate-level cross-country ski to a scenic pond. The full trail can be biked, though it is extremely difficult.

Jay Rocks

Located on the East Branch of the Ausable River upstream of the historic Jay Covered Bridge. This is also a great place to swim and picnic.

Jay Village Green – Jay's Town Square

Free summer concerts Saturday nights in July and August.

Wilmington Town Park

On Park Rd. off Springfield Rd. Play area, baseball, tennis, basketball, ice skating, tubing, picnic tables, and a fantastic view. Try your skills in the skate and bike park.

Lake Stevens

A wheelchair-accessible fishing pond, Toll House Interpretive Center, and tree walk along the Memorial Highway.

Monument Falls

A great place to practice whitewater kayaking or sit and watch others take the plunge.

Preston Festival Field

Located on Springfield Rd. Home to our annual Festival of Colors along with other events throughout the season. Complete with pavilion, open field and views of Whiteface.

Randy's Bike Skills Park

Located at the Town Park behind the Little Supermarket, the bike park features two pump tracks and a mountain bike skills area for riders of all ability levels.

Santa's Workshop, North Pole

On Route 431 (Memorial Highway); a Christmas village with rides, reindeer, and Santa and his elves. Call 518-946-2212 for more info.

Trailhead: Off Franklin Falls Rd., just over 0.5 miles from Route 431 (Whiteface Memorial Highway).

Stats: 2.7 miles to Cooper Kiln Pond

10 Wilmington – Black Brook

For scenery and downhill glides, bike Bonnieview Rd. for 6 miles, turn right and go down the long hill toward Black Brook, then turn right on Haselton/Black Brook Rd.

Total Ride: 14.5 miles

11 Wilmington – Upper Jay – Jay

From Springfield Road, bike to Upper Jay on Route 83, take Route 9N north along the Ausable River to Jay, then turn left on Route 86 to head back to Wilmington.

Total Ride: 14 miles

12 Jay – Au Sable Forks

Start in Jay and cross the river at the covered bridge. Go 7 miles on Stickney Bridge Rd. and cross Stickney Bridge to hit Route 9N. Turn right and take 9N to Au Sable Forks, head west on Mill Road to Ausable Drive, then take Route 86 back to Jay.

Total Ride: 18.5 miles. For an 11-mile trip, go toward Jay after crossing Stickney Bridge.

13 Jay – Upper Jay

Start on Route 9N in Upper Jay, take Trumbulls Corner Rd. to Valley Rd., then turn left on Route 22 to return to Route 9N.

Total Ride: 7 miles. For a higher country trip turn on Glen Rd. instead of Valley Rd. or take Luke Glen Rd. to Styles Brook Rd. and see Highlands Farm. Route 9N between Jay and Upper Jay is also great for rollerblading — it's 3.5 miles one way!

Special 5-Mile, No-Kill Area

Open year-round for artificial lures only, this is 5 miles of catch-and-release, trophy-trout water along the West Branch of the Ausable River. It begins on River Rd. and continues along Route 86. It's also great for wading or floating in a tube, canoe, or kayak. New no-kill zone added from Whiteface Mountain bridge to the bridge at the Flume.

The Flume

Park on the east side of Route 86, north of the steel bridge next to the Hungry Trout in Wilmington. Scenic waterfalls, walking paths, swimming, and fishing.

Whiteface Mountain Toll House Visitor Interpretive Center

Free educational and interpretive information on regional history and the environment is available in the toll house at the entrance to the Memorial Highway.

Wilmington Town Beach

Take Bowman Lane off Route 86 in Wilmington. Free swimming, picnicking, volleyball. Handicap fishing access. Free summer concerts Thursday nights in July and August. Canoe, kayak, paddle board, and water bike rentals available.

WoW

Explore all of the Wonders Of Wilmington! Sign up for one of our 4 challenges at www.WondersOfWilmington.com

14 Catamount Mountain

Catamount is one of the most spectacular small peaks in the Adirondacks; just be careful on the many open ledges.

Trailhead: Take Route 431 north and turn right on Plank/Forestdale Rd. The parking area is on the left in 3.5 miles.

Stats: 1.8 miles to Catamount summit; elevation, 3,168'; ascent, 1,542'

15 Hardy Road/Beaver Brook Trails

Ride the sweetest single track east of the Mississippi while exploring both sides of the gorgeous Beaver Brook Valley.

Trailhead: From the four corners, head east on Route 86 toward Jay, then turn right on Hardy Road. Look for the parking area 2.2 miles down on the left.

Stats: 9 miles of trails ranging from easy to difficult

16 Cobble Lookout Trail

An easy trail to a ledge with outstanding views.

Trailhead: 0.2 miles past the toll road on Gillespie Dr. The trailhead and parking lot are on the right.

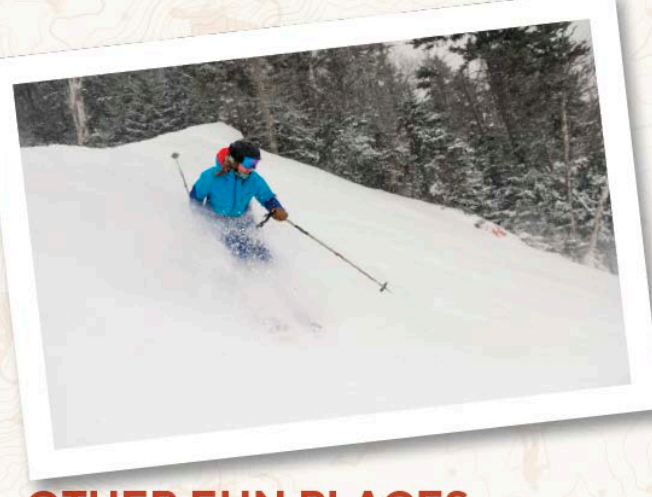
Stats: 1.3 miles to the ledge

17 Poor Man's Downhill

A singletrack trail that plunges more than 1,300' down Marble Mountain.

Trailhead: From the four corners, head up the Whiteface Memorial Highway for 2.7 miles and look for the pull off on the left, just before the Y intersection with Gillespie Drive.

Stats: Over 3 miles long



OTHER FUN PLACES

The Refuge

Located on Springfield Rd., The Refuge includes a 1-mile guided or self-guided interpretive trail that winds its way along the river and sloughs through forest and meadow. Donations are appreciated.

Atmospheric Sciences Research Center

On Route 431 (Memorial Highway). This is a State University of New York research facility for atmospheric environmental studies. Call 518-946-2142 for more info.

Ausable Paddling Nature Trail (Lake Everest)

The trail can be navigated as a "geocaching" adventure by following maps found at the Lake Everest boat launch, or just follow the river and see what nature has in store!




**WHITEFACE
REGION**
adirondacks, usa

**Whiteface Mountain
Regional Visitors Bureau**

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