The Flume Trail System is comprised of approximately ten miles of trails open to mountain biking*, hiking, cross country skiing, and snowshoeing in the town of Wilmington, NY. The trails can be accessed via the Flume Trailhead, located approximately 2 miles south of the village center on State Route 86, or the Bear Den Trailhead at Whiteface Mountain Ski Area. This trail network was built, and is maintained, almost entirely by volunteers. Please be respectful of their work and other users as you enjoy these trails.

“Rules of the Trail”

The following guidelines describe proper etiquette on shared use trails. They were developed by the International Mountain Bicycling Association to help avoid conflicts between different user groups. For a further explanation of these guidelines, or other mountain bike related information, visit www.imba.com.

1. Ride On Open Trails Only
2. Leave No Trace
3. Control Your Bicycle
4. Yield To Others
5. Never Scare Animals
6. Plan Ahead

*Mileages listed on the preceding chart are for individual trail segments only and do not reflect cumulative mileages.

Difficulty Ratings

Trail difficulty ratings are relative to the trails in the Flume system only. They may differ from difficulty ratings at other facilities.

Whiteface Connector Trails

All trails in the Wilmington Wild Forest, Flume Trail System are open to the public free of charge. This includes the Upper and Lower Connector Trails to Whiteface Mountain Ski Area (Also referred to as Trails 19 and 20).

All mountain bike trails at the Whiteface Mountain Ski Area, with the exception of the Upper and Lower Connector Trails (mentioned above) are fee use only. Trail passes for these trails can be purchased at the Whiteface Mountain Ski Area base lodge.

Hunting Season

As with all New York State Forest Preserve lands, the lands within the Wilmington Wild Forest are open to hunting (subject to all applicable laws and regulations). Please be aware that hunting may occur in this area during any open season.